

Time and Time Again...

Let's Travel
Through
Time
Together



TOASTMASTERS
DISTRICT 84
Conference
May 13-14, 2022

Time and Time Again...



Let's Travel Through
Time Together



EMBASSY
SUITES
by Hilton™

Hosted at:
Orlando-Lake Buena Vista
4955 Kyngs Heath Road
Kissimmee, FL 34746

CONFERENCE CHAIR'S WELCOME

WELCOME TIME TRAVELERS! This is a special day in history. A day that good friends and neighbors from all walks of life converge in the same place and time to celebrate.

Leaving 2020 and 2021 behind, we will celebrate the joy of meeting in-person remembering the technology that allowed us to meet new friends all over the world. We will honor the lives of those lost or hurt either in the pandemic or in conflicts. We will unite to strengthen our communities, families, and ourselves.

This conference theme was conceived to spark our imagination and intuition. Today, we open our minds, allowing ourselves freedom of expression.

It takes a large team to prepare for time travel and I wish I could name everyone involved. However, there are too many to name and too short of space. To Norma, Sabrina, and each one who helped, both in-person and on Zoom.

Thank you!

Barbara Amato, DTCM
Conference Chair



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CONFERENCE SCHEDULE

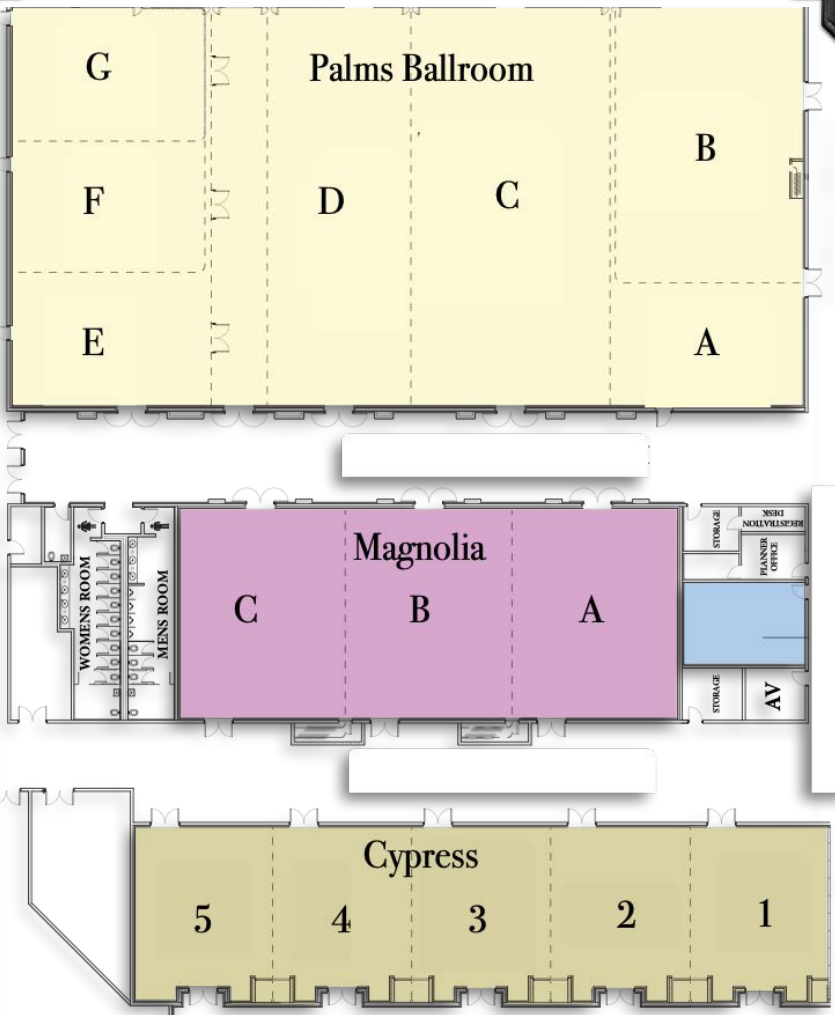
Friday Schedule

1:00pm-5:00pm	Registration Desk Open
1:00pm-5:00pm	Smedley Lounge Open
1:00pm -5:30pm	Raffle Table Open
6:00pm	Banner Parade
6:15pm	Pledge and Honor Guard
6:30pm	Salute to Veterans
6:45pm	National Anthem by St Cloud HS
7:05pm	Welcome Remarks
7:15pm	Recess for Dinner
8:15pm	Haz Ben Jazz Band
8:20pm	Costume Contest
8:40pm	Timeless Talent Show
9:40pm	Costume Awards
9:45pm	Voyager's Recognition
10:00pm	Closing Announcements
10:15pm	Hospitality Suite

Saturday Schedule

8:00am-12:00pm	Registration Desk Open
8:30am-11:50am	Time Warp Tech Lab Open
8:00am-4:30pm	Raffle Table Open
8:30am-4:00pm	Smedley Lounge Open
8:00am	First Timers Session
8:30am	See Workshop Schedule
12:00pm	Awards Luncheon
1:45pm	Keynote Workshop
3:00pm	See Workshop Schedule
4:30pm	Basket Drawing
6:15pm	Doors Open for Dinner
6:30pm	Dignitary Procession
6:45pm	Inspirational Moment
6:50pm	Recess for Dinner
7:40pm	Keynote Speaker
8:10pm	Contest Exposition
9:55pm	DTM Walk
10:25pm	2023 Conference Reveal
10:35pm	Installation of Officers
10:45pm	District Director Farewell Address
10:55pm	Incoming District Director Address
11:00pm	Raffle and 50/50 Winners
11:05pm	Hospitality Suite

VENUE MAP



- | | |
|---------------------------|--------------------|
| Palms Ballroom A-D | Large Group Events |
| Palms E | Time Warp Tech Lab |
| Palms Ballroom F | Workshops |
| Palms Ballroom G | Workshops |
| Magnolia A | First Timers Room |
| Magnolia B | Baskets and Raffle |
| Magnolia C | Smedley Lounge |
| Cypress 4 & 5 | Hospitality Suite |

KEYNOTE SPEAKER

Landon P. Proctor DTM has a perspective on Toastmasters clubs and district cultures that most of us have not experienced. Over the last three years, Landon has been an active, physically present member of four different Toastmasters' Districts across the United States.

Life circumstances forced him to move from the friendly confines of District 84 in Florida to Southern California where he served District 1 and District 52. He later moved to the Big Easy, New Orleans, Louisiana where he currently serves in District 68. He actively participated in these Districts from the Atlantic Coast to the Pacific Coast and to the Gulf Coast where he now resides.

This Coast-to-Coast Toastmaster is a self-made entrepreneur, venture capitalist, performer, charity founder and director, and even a professional pirate.



Welcome Fellow Toastmasters and Guests.

You know you are at a Toastmasters District 84 Conference when you see smiling faces, hear laughter, and feel the warm embrace, (or elbow bump) of a fellow, or future, Toastmaster.

Whether you are a first timer or a frequent flier, you will enjoy the camaraderie and compelling conversations that fill the hallways and the events.

This conference will give you a chance to make connections and be a part of something bigger than yourself. You will learn to make an even bigger impact and have fun doing it.

Many hands and hearts and a lot of time went into planning this conference. It is our sincere hope that you enjoy yourself and create new memories with old friends while making new friends.



Thank you for the opportunity to serve as your District Director 2021-2022!

Debi Jo Londono, DTM

District Director
2021-2022

Somehow, we know when the “time is right” for things in our lives. We figure out how to fit in those meetings, exercise classes or other things we enjoy.

Adding Toastmasters to my life was one of the best decisions that I have ever made. Taking on leadership roles has enhanced my life in so many ways.

Are you thinking about doing more on your Toastmaster journey? Where do you see yourself this time next year, in 2 years or 5 years from now?

Like so many things in our lives, we tend to put things off because we don’t think we have the time. But, when it’s something that you truly want to do, we find the time... we make the time.

This weekend, let’s celebrate our time together, create new friendships, encourage and support each other on our Toastmasters journey.

Let’s learn and grow together...
TIME and TIME again!

Paula Summa, DTCM
Program Quality Director
2021-2022



TIME, our single and most valuable commodity, is a fitting theme for our District 84 Conference. We welcome you and hope you treasure every moment of this time we have together at long last, to enjoy some in-person camaraderie and fellowship, education and inspiration!

There is nothing quite like the synergy and momentum that we experience simply by being together. Take advantage of this excitement and put those Toastmasters skills into practice. Use those Table Topics and Ice-Breaker skills to introduce yourself to those friends you haven't met yet. Bravely jump in and participate in the many new and exhilarating activities available throughout the conference.

As you know, Toastmasters provides a safe and supportive environment in which to stretch yourself beyond your comfort zone, to practice developing new tools for your communication and leadership tool box. Maximize our time together.

Create lasting memories you can enjoy **Time and Time Again.**

Vickie Goodman, DTM

Club Growth Director
2021-2022



Greetings District 84 Toastmasters:

2020-2022 has challenged us more than we could've imagined. It tested our resiliency and ability to adapt to changes during uncertain times. Challenges are inevitable; what matters is how you react. Are you determined enough to keep going? Are your dreams important enough that you keep striving to achieve them?

Opportunities for fulfilling your dreams are limitless. Strengthen your potential by volunteering to serve in leadership roles at the club or district levels. Use this conference to reconnect with your fellow Toastmasters. Share what you've learned and help rebuild your respective clubs to be successful quality clubs.

The District Leaders, along with the clubs in District 84, have done a phenomenal job. I thank you all for your exceptional service, commitment and dedication to Toastmasters, and for ensuring members had the opportunity to continue on their personal development path.

Wishing you a successful conference and much success for the remainder of the year.

Roy Ganga, DTM
International Director
Region 8



WORKSHOP SCHEDULE

	<i>Time of Enlightenment</i> Palms F	<i>Timeless Classics</i> Palms G
8:30am	Time for Leadership	From Once Upon a Time to Happily Ever After: The Power of Storytelling
	Earl Kitchings	Angela Ardrey-Reynolds
9:40am	Speak and Profit Now	Time for Diversity and Accessibility
	Mark Gai	DeeJae Durante
10:50am	Here and Now of Toastmasters: a Momentous Endeavor	How to Create Learner-Centered Experiences
	Debby Kerr-Henry	Rachael Assignon, DTM
3:00pm	Unleashing Your Undeniable Leadership	Your Timeless Story Easily Crafted
	Donald Toldson	Tom Hobbs, DTM

GENERAL WORKSHOP SESSIONS

Time	Location	Title
8:00am	Magnolia A	First Timers—Make the Best of the Time You Have Amy Anne Fischer, DTM
1:45pm	Palms A-D	Move It or Lose It—Creating an Impactful Club Culture Landon Proctor, DTM
3:00pm	Magnolia C	Laughter Yoga* Brenda Alloco, DTM <i>*Space is limited</i>

If you could go back in time,
what **advice** would you give to
your **younger self**?



WORKSHOP DESCRIPTIONS

First Timers—Make the Best of the Time You Have

Presenter: Amy Anne Fischer, DTM

First Timers session is your chance to get all your questions answered about what to expect from your Conference Experience, meet other First Timers and meet the District Trio. It will be short, informative and fun. It's all for YOU! Hope to see you there!

Saturday, May 14 at 8:00am Magnolia A

Time for Leadership

Presenter: Earl Kitchings

This presentation will discuss several factors that are prevalent attributes for developing and becoming a dynamic leader. The factors include: What makes an Effective Leader; Leading from the Front; Leadership Standards, and Leadership Courage.

Saturday, May 14 at 8:30am Palms F

WORKSHOP DESCRIPTIONS

From Once Upon a Time To Happily Ever After: The Power of Storytelling

Presenter: Angela Ardrey-Reynolds

As a participant, you will learn that you are the creator of your world . . . through your words and your story. A speech that hooks your listener is a speech that reveals your heart. Angela will show you how to create a speech worth remembering.

Saturday, May 14 at 8:30am Palms G

Speak and Profit Now

Presenter: Mark Gai

In this session, you'll learn how to position yourself as an expert and get paid for your knowledge, experience, and skill set.

Saturday, May 14 at 9:40am Palms F

WORKSHOP DESCRIPTIONS

Time for Diversity and Accessibility

Presenter: DeeJae Durante

As Toastmasters, we specialize in communications and practice leadership skills. What happens when we interact with someone and we realize they have a disability? We may feel embarrassed since we may not know how to connect as well as we thought. In this session, we share ways to be more prepared for these situations.

Saturday, May 14 at 9:40am Palms G

Here and Now of Toastmasters: a Momentous Endeavor

Presenter: Debby Kerr-Henry

A contemplative discussion about the meaning of Toastmasters—post pandemic. Let's regroup and reset with intentionality and purpose. Why are we Toastmasters in our present times? And why should we direct valuable time towards Toastmasters? Perhaps it has something to do with the word: momentous.

Saturday, May 14 at 10:50am Palms F

WORKSHOP DESCRIPTIONS

How To Create Learner-Centered Experiences

Presenter: Rachael Assignon, DTM

Have you ever considered being a trainer? In this interactive workshop, we will explore principles of adult learning to create immersive learning experiences that engage life-long learners. This session will challenge old thinking by implementing effective techniques and exposing rookie mistakes.

Saturday, May 14 at 10:50am Palms G

Keynote Speaker Workshop

Presenter: Landon Proctor, DTM

Exercise your mind, body and social skills in this dynamic workshop exploring club and district culture. In this session, you will play physical and mental games that will challenge you to discover the formula for creating a vibrant and welcoming club that is guaranteed to attract new guests and retain current members.

Saturday, May 14 at 1:45pm Palms A-D

WORKSHOP DESCRIPTIONS

Your Timeless Story Easily Crafted

Presenter: Tom Hobbs The Man in the Hat, DTM

Cut the difficulties to learn and retain your speeches or presentations you can reduce time and increase your authenticity when crafting your presentations. You will gain a simple formula for crafting your timeless stories. My struggle can now be your short cut for success.

Saturday, May 14 at 3:00pm Palms G

Unleashing Your Undeniable Leadership

Presenter: Donald Toldson

Most undiscovered leaders are an often-underutilized resource in most organizations. While some professionals are stretched to their capacity, others in an organization must emerge to provide leadership to their peers and management. This session will challenge and unleash the potential leadership capabilities and qualities from within. Learn to discover the undeniable leader.

Saturday, May 14 at 3:00pm Palms F

WORKSHOP DESCRIPTIONS

Laughter Yoga

Presenter: Brenda Alloco, DTM

Laughter Yoga has the power to change your mood within minutes by releasing certain chemicals from your brain called endorphins. The class takes you through a series of intentional laughing exercises followed by breathing techniques that help get more oxygen into your body, ending with a deep breathing and calming exercise that will have you feeling great and relaxed.

Saturday, May 14 at 3:00pm Magnolia C

How did people tell time in prehistoric eras?

Beginning in prehistoric time periods, people used their senses to keep track of time. Observations of sunrise, sunset, season changes, the night sky, and the ocean tides all served as tools to keep track of time.



WORKSHOP PRESENTERS

“We’re all traveling through time together every day of our lives. All we can do is do our best to relish this remarkable ride.”

—Tim Lake from the film *About Time* (2013)

Amy Anne Fischer, DTM is a medical professional, public speaker, published author, and dedicated servant leader. Her experience in and out of Toastmasters is varied as is her sense of humor. She possesses an honorary doctoral degree. She is devoted to her wife and family. In her spare time, she enjoys reading, writing, drawing, and slaying dragons.



Angela Ardrey-Reynolds is a professional writer and photographer, achieving years of publication of her stories and event coverage. She is known for her ability to convey the beauty of another’s soul through the power of her words. She is a professional speaker with the National Speakers Association (NSA) and graduate of the NSA Speakers Academy.

WORKSHOP PRESENTERS

Brenda Allico, DTM left the corporate world due to high stress and anxiety impacting her health. Looking at TedX and YouTube videos, she was wowed by how laughing is healthy and a form of aerobics exercise that can be done at any age and be modified to any physical challenges. Brenda is certified and actively teaches Laughter Yoga.



Debby Kerr-Henry is a writer who likes to travel off the beaten path, stay active, and get lost in meaningful books and experiences. She appreciates good food, good challenges, and the goodness of mermaids (they live deeply). She is an active member, club officer, and the leader for the D84 Speaker Bureau RISE Committee.

Deejae DuRante is a bilingual live streamer, podcaster, entrepreneur, and presenter. She has over 20 years servings as a social leader; most recently she performed as a State Workforce Disability Navigator. She demonstrates leadership by advocating for diversity, accessibility, and inclusion. Deejae is an Air Force Veteran and enjoys mother nature for relaxation.



WORKSHOP PRESENTERS



Donald D. Toldson, Sr. is an International Speaker and World Civility Ambassador. He's an International Best-Selling Author, motivational speaker, entrepreneur, founder and trainer at Speaking to Impact and Change, host of the Don't Stop Won't Stop Global Show and iCan Speak, Write & Lead Youth Training Program.

Earl Kitchings is a Distinguished Toastmaster and a 14-year member of Toastmasters International with the Lillian R. Bradley Club in Jacksonville, Florida, having held several officer positions. He is a three-time participant in the District 84 Table Topics contest, and is the 2011 District 84 Table Topics Champion.



Landon P. Proctor, DTM is a self-made entrepreneur, performer, charity director, and professional pirate. In the past three years, he has gained a unique perspective on Toastmasters after being an active member in four districts from the Atlantic Coast to the Pacific and eventually the Gulf Coast of New Orleans where he now resides.

WORKSHOP PRESENTERS

Mark Gai is a highly sought-after executive coach and TEDx speaker. He is an expert in body language, leadership development, and persuasive communication. In 2015, he reached the Toastmasters International semi-finals and placed in the top 100 worldwide. His podcast, *Speak Brave*, reaches international audiences with messages of inspiration and hope.



Rachael Assignon, DTM has been tricking kids and adults into learning for decades. She specializes in the creation of meaningful experiences that engage and promote the love of learning. Her expertise includes instructor-led training (in-person and virtual), computer-based training, social learning, and microlearning.

Tom Hobbs, DTM, “The Man in The Hat” has Traveled & Danced across all continents. As a +30-year entrepreneur, his experiences engage audiences through simple storytelling. From aircraft mechanic to world traveler to having earned +\$1 million to put up holiday lights, life is full. As a trainer, he can deliver entrepreneurial ideas with fresh irreverent details.



DISTRICT LEADERSHIP

Senior Leaders "The Trio"

District Director	Debi Jo Londono, DTM
Program Quality Director	Paula Summa, DTM
Club Growth Director	Vickie Goodman, DTM

District Cabinet (Voting Members)

Immed. Past District Director	Pim Parpart DTM, IPDD
Public Relations Manager	Maria Martinez, DTM
Administration Manager	Sunil Ancha, DTM
Finance Manager	Lisa Yang, DTM

District Cabinet (Non-Voting Members)

Logistics Manager	Leslie LaForty
Paliammentarian	Nancy Ford, DTM

Committee Chairs (Non-Voting Members)

Audit Chair	Koki Kubo, DTM
Credentials and MOT Chair	Becky McGilton, DTM, PDD
Realignment Chair	Ron Parpart, DTM, PDG
DLC Chair	Pim Parpart DTM, IPDD
Webmaster	Mike McLean, DTM, PDD
Newsletter Editor	Ramdeo Seepaul, DTM
Podcast Chair	John Morrow, DTM
AV Chair	Lynn Ramsay, DTM
Speakers Bureau Chair	Edith Tiencken, DTM
Education Chair	Edith Tiencken, DTM
Conference Chair	Barbara Amato, DTM
Pathways Chair	Rachael Assignon, DTM
Contest Chair	Troy Palmer, DTM
Club Coach/New Club Mentor Chair	Bobby Blackmon, DTM
Membership Chair	Aakeem Bennett, EC4
Club Extension Chair	Sue Leitholf, DTM
Renewal Chair	Deb Wilde, DTM
Speechcraft/Youth Leadership Chair	Cathy Gorgenson, DTM
Club Ambassador Chair	Cynthia Johnson, DTM
Rotary Alliance Co-Chair	Richard Hoar, DTM
Rotary Alliance Co-Chair	Cathy Hoar, DTM

DISTRICT LEADERSHIP

Division A Director **Amanda Howard, DTM**

Area 10	Mesha Russell
Area 11	Benjamin Gonzalez, Jr
Area 12	Nic Patterson
Area 13	Kelly Boyd
Area 14	David Onufer

Division B Director **Ruby Scotland, DTM**

Area 20	Linda Prado
Area 21	Rachel Sutphin
Area 22	Avis Williams
Area 23	DeRhone Sutton-Lambert
Area 24	Claudia Hansley, DTM

Division C Director **Kara Newcomb, DTM**

Area 30	Orn Templeman
Area 31	Jessica Mercer
Area 32	Hector Rocafort
Area 33	Christina Grover

Division D Director **Sandesh Telang, DTM**

Area 40	Cindy Paulsen
Area 41	Sunil Yajnik
Area 42	James Ward
Area 43	

Division E Director **Donald Kahrer, DTM**

Area 50	Donald Toldson
Area 51	Kim Dombroski
Area 52	Marcia Carter
Area 53	AndrewPaul McIntosh
Area 54	Jonathan Nielsen, DTM

Division F Director **John Lasch**

Area 60	Oscar Kaalstad
Area 61	Suraksha Jhalani
Area 62	
Area 63	Heather Schiefler
Area 64	Randall Crosby

Division G Director **Norma Cress, DTM**

Area 70	William McCombie, DTM
Area 71	Sabrina Mallay, DTM
Area 72	Robert Wood, DTM
Area 73	Leona Vlacancich

Division H Director **Felicia Shorter**

Area 80	Derek Bell
Area 81	Olivia Jones, DTM
Area 82	Junelle Gallon
Area 83	Janelle Brown
Area 84	Michele Burt

Division I Director **Amy Anne Fischer, DTM, PDD**

Area 90	Susan Garrison
Area 91	Chester Wilson
Area 92	Deb Wilde, DTM
Area 93	Sowjanya Athmakuri



District Director Team



Paula Summa, DTM



Vickie Goodman, DTM



Maria Martinez, DTM



Lisa Yang, DTM



Nancy Ford, DTM



Sunil Ancha, DTM

*Thank you for your heart of service
and all you do for our District. It is
an honor to serve with you.*

*~Debi Jo Londono, DTM,
District Director 2021-22*



Leslie LaForty



**Ron Parpart,
DTM, PDG**



Koki Kubo, DTM



Lynn Ramsey, DTM



**Becky McGilton,
DTM, PDD**



Edith Tiencken, DTM

Program Quality Director Team



It's TIME to say THANK YOU!
To my awesome Program
Quality Director Team:

YOU ARE ALL AMAZING!!!
Paula Summa
Program Quality Director



Edith Tiencken, DTM



Barbara Amato, DTM



Rachael Assignon, DTM



Troy Palmer, DTM



**Becky McGilton,
DTM, PDD**



Thank you CLUB GROWTH TEAM



W.C. Blackmon, DTM



Sue Leitholf, DTM

The
BEST
of
ALL TIME!



Cathy Gorgensen, DTM



Aakeem Bennett



Cynthia Johnson, DTM

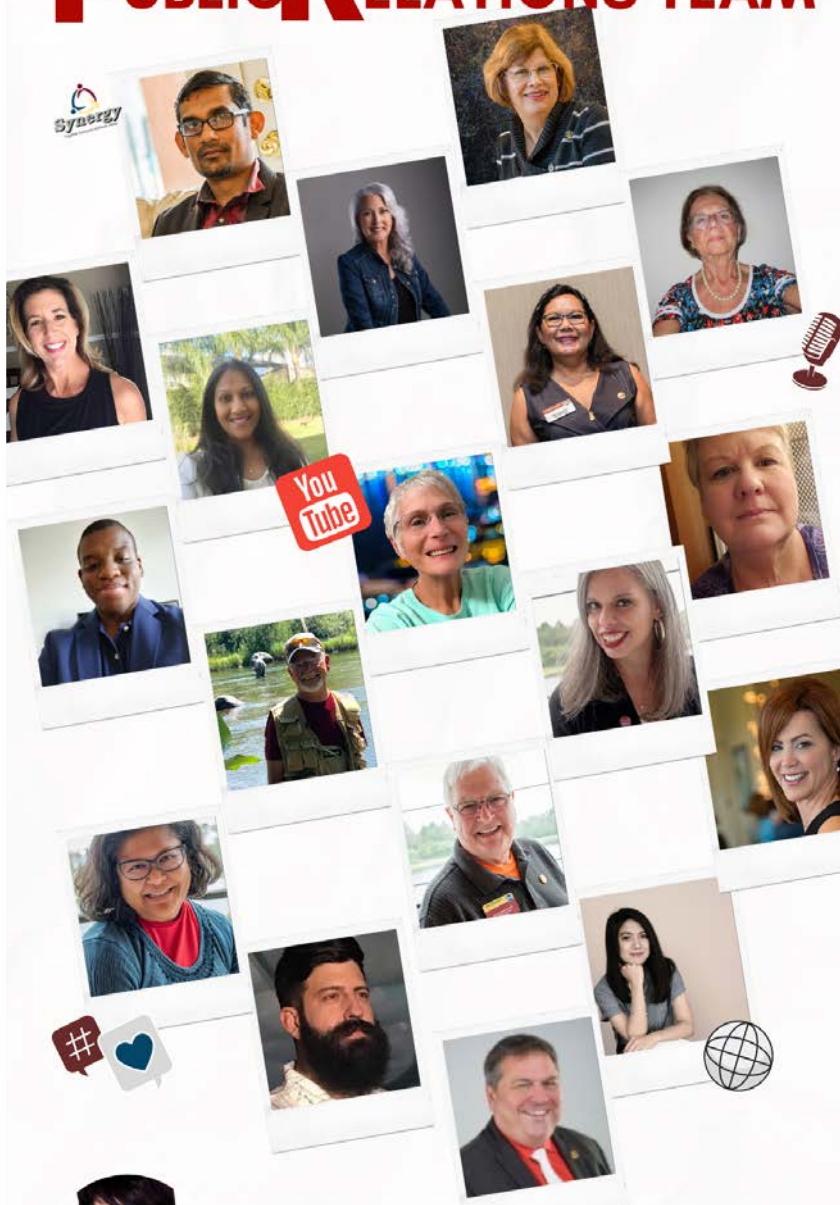


Cathy Hoar, DTM
Richard Hoar, DTM



Deb Wilde, DTM

PUBLIC RELATIONS TEAM



Thank you for pouring & sharing your talents, skills and innovative ideas. It has been a privilege collaborating with each of you.

Maria Martinez, DTM, PRM 2021-22

Connect with W.C. Blackmon

 Distinguished Toastmaster 



Check out Website Here



Road of Victory

Find Him on...

Social Media:

[Linked in](#) [Facebook](#)

Books:

[Seeds To Unfolding](#) [Just Keep Going, Rabbit](#) [Mind Vision](#)

Video:

[Seven Nuggets for Your Pocket](#) [Ignite Your Purpose](#)

About

World Champion Powerlifter, Author, Speaker, songwriter, and Champion Toastmaster W.C. Blackmon has been showing real people how to see past their limitations for more than 30 years. After losing his eyesight at the age of 5, he has mastered the fact that it's not about what you can physically see or do, but rather what you can believably envision with your mind. Let W.C. help you tap into your *seed* of greatness and *unfold* your possibilities.

Area 71 Division G
Thank you for your dedication

Early Bird Ocala
Triple Crown Club
Downtown Ocala

Sabrina Mallay
Area 71 Director



Kim Dombroski
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Sensational Saturday Speakers

Toastmasters International Club

Linda Udall

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Edith Tiencken, President of SBI, D-84 Speakers Bureau & Education Chair, honor you and wishes you a fun and memorable experience at the

"Time and Time Again" District 84 Conference



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*Thanks for a
wonderful year!*

We Can Speak - Podemos Hablar
Transformation Toastmasters

Division H Rock Stars

*Gloria
Darling*

Area 21 has the best clubs
on the beach:

ACTS2Speak
Beachside Broadcasters
Peace Talkers
South Beach



Rachel Sutphin

Area 21 Director
2021-2022



Central Florida Facilitators



Let's Talk Toastmasters



Uptown Club



Winter Park Toastmasters

My heartfelt congratulations and thanks to all the Area 40 Clubs, Officers, and Members for all their hard work, commitment, and excellence this past Toastmasters year. Area 40 is tremendous!

Gindy Paulsen
Area 40 Director



Thank you for
your bravery to
do what you are
called to do, so
we can safely do
what we are free
to do.

Division G



NOTABLE 9

5-Star	Orlando Advanced
Beachsiders	Ormond Speechmasters
CEO Toastmasters	Oveido
Clermont	Peace Talkers
Club Orange	Plant City Toastmasters
CSX	Ponte Vedra Beach
Daytona Beach	Toastmasters
Deerwood	RS&H Toastmasters
Downtown Ocala	SBA Toastmasters
Driven by Destiny	South Beach Toastmasters
Early Bird Ocala	St. Mark AME Text Talkers
Early Birds	Talking Gators
Fairwinds	Text Talkers
Find Your Funny	Titusville
First Coast Multilingual	Toast of Jax Club
FIS Orlando	Toast Stars
FL International Talkers	Toastmasters at JEA
Florida Blue	Toastmasters at Twelve
Four Corners	Top O the Rock
Girl Talk	Trailblazers
Global Leaders	Transformation
Heartland Talk of the Town	Turnpike
Keynotes and More Advanced	Twilite
Lake Mary	Uptown Toastmasters
Lake Nona	Virtually Speaking
Lakeland	Vista
Leadership	We Can Speak Podemos Hablar
Let's Talk	Weekend Toastmasters
Mandarin	Winn Dixie
Melbourne	Winter Park
Ocala at Noon	World Toasters
Orange Park Toastmasters	Wyndham Easy Speakers

INCREDIBLE 20

5 Star
CEO Toastmasters
Clermont
Driven by Destiny
Fairwinds Speaks
Find Your Funny
FIS Orlando
Oveido
Plant City
Toastmasters at JEA
Top of the Rock
Twilight
Winter Park

ONCE AND FOR ALL YEAR

5-Star
Plant City
Titusville
Weekend Toastmasters

“Time is
change,
transformation,
evolution.”

— ISAAC LEIB PERETZ

Transformation Toastmasters Club

✓ 12 COMMITTED TOASTMASTERS

✓ 8 DISTINGUISHED TOASTMASTERS

✓ HOME OF THE CLUB GROWTH
DIRECTOR AND DIVISION H DIRECTOR

WEDNESDAYS | 6 PM

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**Rest In Peace
From your
Friends at
Winter Park
Toastmasters**

**Toastmaster
John Nuccitelli**



**Toastmaster
Andy Brown**



**Toastmaster
Joe Rosier**

CELEBRATING EXCELLENCE
SINCE 1977

Lillian R. Bradley
Toastmasters
45th Anniversary

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TOASTMASTERS FAMILY

We have lost many
over the past three years
and they are all missed.

PLEASE TAKE A MOMENT
TO REMEMBER THEM

Love you all

Area 51 salutes the
following clubs

Orlando Advanced
Orlando International
Vista Toastmasters
World Toasters

★

North Jax Toastmasters Club 824972
celebrating 15 consecutive years of being
awarded President's Distinguished
would like to congratulate

Scott Gammon (2x)
Aelis Waugh
for earning Distinguished Toastmaster (2020)

★

"Onward and Upward"

TEDxOcala
x = independently organized TED event

Save the Date
TEDxOcala 2022
Saturday, November 12, 2022
visit www.TEDxOcala.com

FLI FAKHOURY LEADERSHIP INTERNATIONAL

VP VESTECH PARTNERS LLC. LEGACY INVESTMENTS

Debbie Littlefield is a renowned Hypnotist has the ability to help ambitious professionals worldwide **break through** their limiting beliefs, develop a **growth mindset, achieve goals, overcome fears**, shed the need for external validation, eliminate negative habits, **instill positive habits**, and finally step into the **person they were always meant to be.**

Debbie Littlefield
Modify My Mind

Certified Hypnotist
Debbie@modifymymind.com



Ready to “Advance” through time in Toastmasters?

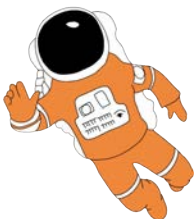


Keynotes and More Advanced Toastmasters will take you on a journey through time that will challenge, expand, and advance your communication and leadership skill sets!

IF you aspire to be a keynote speaker, specialized topic presenter, district conference facilitator, Speakers Bureau...and more, then it's **time** to join likeminded Toastmasters and launch your dual membership with **Keynotes and More Advanced Toastmasters!**



IF you want to become the “hippest” and the best version of yourself as a communicator, a leader, a Toastmaster then **Keynotes and More Advanced Toastmasters** is for you! We will help remove the “armor” of trepidation and bring you from the “caves” of fear to soar to the moon and beyond with our platform for professional presentations.



Come visit Mission Control. Book your flight with **Keynotes and More Advanced Toastmasters** every 2nd and 5th Saturdays. **Launch:** 10:30 – noon EST. Zoom ID: [8210124147](https://8210124147.zoom.us). More information: vpm-7676546@toastmastersclubs.org

Keynotes and More Advanced Toastmasters
“Your Platform for Professional Presentations”

SPEAKERS BUREAU

Enjoy. Learn. and Synergize at
Time and Time Again
District 84 Conference



D84 Speakers Bureau serves as the Community Choice Hub to find the best-in-class Toastmasters who deliver inspiring, educational, and edifying messages meeting their audiences' needs.

Congratulations to these DTMs selected to serve on the
Speakers Bureau RISE Committee

Sunil Ancha Nancy Ford Dr. Kyrin Hall
Gail Hill Smith Gina Tyckoson Jeremy Udell

**Special Thanks to Debby Kerr-Henry for her
outstanding leadership!**

D84's Speakers Bureau is
Currently accepting applications

For Information contact:
Edith Tiencken, Speakers Bureau Chair
Debby Kerr-Henry, SB RISE Committee

AMBASSADORS

The Ambassador award is given to any Toastmasters in District 84 who visited three or more clubs anywhere in the world.

Ambassador of the Year: Pim Parpart, DTM (29 visits)

Top Ambassadors for 2021-2022 are:

Pim Parpart 29
Cynthia Johnson 18

Sally-Anne Sharpe 25
Julie Salgo 18

Ambassadors for 2021-2022 are:

Susan Schulz DTM	11	Bung-orn Templeman	3
Rachael Assignon DTM	9	Cathy Gorgensen DTM	3
Rebecca McGilton DTM	9	Denise Badolato DTM	3
Cindy Paulsen DTM	6	Eric Boehm	3
Michele Burt	6	Gail Hill Smith. DTM	3
Claudia Hansley DTM	5	Ginger Aiello	3
Sue Leitholf DTM	5	Karen Manglardi	3
Walter Blackmon DTM	5	Kim Dombroski	3
Deborah Wilde DTM	4	Marie Loeffler DTM	3
Laura Hoffman	4	Marjane Taylor DTM	3
Randall Crosby	4	Michael Leonard	3
Andrew Paul McIntosh	3	My-Dung Son	3
Beth Ramsay DTM	3	Robin Collins DTM	3

Winner of the Club Consulate Ribbon *

Advanced Communicators

Find Your Funny

**Two-way tie for first place*

Winner of the Club Embassy Ribbon

Toast Stars

Clermont Toastmasters

Would like to Thank our officers and members
for an outstanding year!!!!



Come visit our award winning club!
Presidents Distinguished-10 years & Golden Gavel
Winners

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*"If you ever find yourself
coming out of a time machine,
run. Run away as fast you can."*

— Charles Yu



The Sister Clubs

Hunters Creek Toastmasters
Toast of Celebration
Celebration Speakeasy
World Toasters
Hear Me Roar

Visit any of these five clubs using the same Zoom link. All of these clubs will help you on your Toastmasters development while enjoying your presence with them. If you are a member of any of these clubs and your work hours change don't stop your Toastmasters journey. Shift over to one of the sister clubs that better fit your schedule. The Sister Clubs are committed to helping each other and you at the same time.



Hunters Creek, 1st, 3rd & 5th Saturdays, 9:30 AM
Toast of Celebration Every Tuesday 6:45 PM
Celebration Speakeasy, Thursdays, 12:00 PM
World Toasters, Wednesdays, 7:00 AM
Hear Me Roar, 2nd & 4th Thursdays, 8:30 PM

Zoom ID:
4074075555
PW: 407407

No Puede Hablar...
Pero
We Can Speak-
Podemos
Hablar
Toastmasters
Club

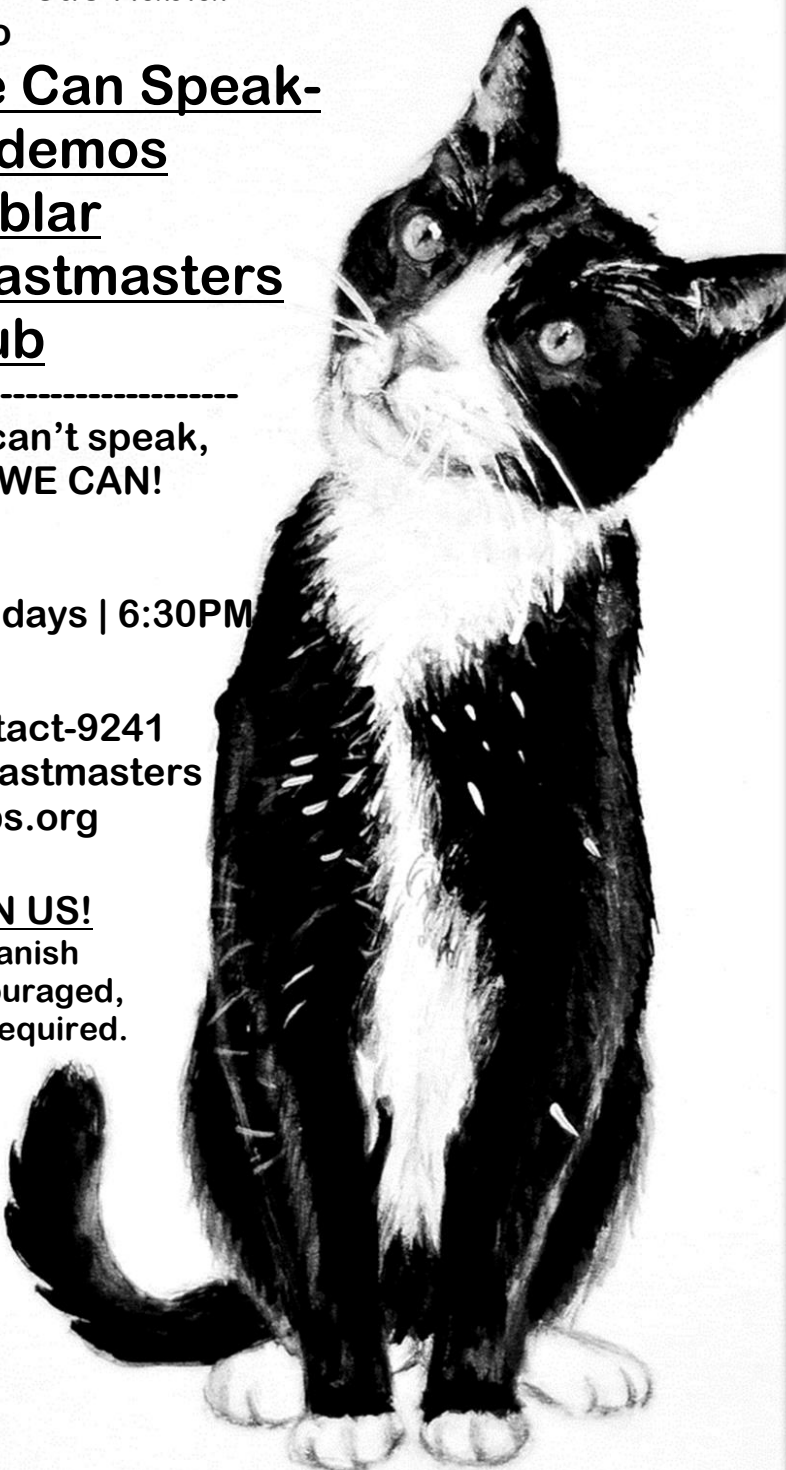
He can't speak,
But WE CAN!

Mondays | 6:30PM

contact-9241
@toastmasters
clubs.org

JOIN US!

**Spanish
encouraged,
not required.





Michele Burt
844-932-8673

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Melbourne Florida Toastmasters

1st & 3rd Monday
6:00 pm – 7:30 pm

Zoom ID: 838 3690 9990
Password: Melbourne



**WHERE LEADERS
ARE MADE**

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**WHERE LEADERS
ARE MADE**

**Capital City Toastmasters
Celebrates Division H**

Top 25 Time Travel Films

25. *Galaxy Quest* (1999)
24. *Happy Death Day* (2017)
23. *Back to the Future Part II* (1989)
22. *See You Yesterday* (2019)
21. *Bill & Ted's Excellent Adventure* (1989)
20. *Source Code* (2011)
19. *12 Monkeys* (1995)
18. *Run Lola Run* (1998)
17. *Edge of Tomorrow* (2014)
16. *Star Trek* (2009)
15. *The Girl Who Leapt Through Time* (2006)
14. *Safety Not Guaranteed* (2012)
13. *La Jetée* (1962)
12. *Planet of the Apes* (1968)
11. *Groundhog Day* (1993)
10. *Predestination* (2014)
9. *Looper* (2012)
8. *Donnie Darko* (2001)
7. *Back to the Future* (1984)
6. *Palm Springs* (2020)
5. *Tenet* (2020)
4. *The Terminator* (1984)
3. *Interstellar* (2014)
2. *Terminator 2: Judgment Day* (1991)
1. *Arrival* (2016)

Now's the Time Area 90



Ormond SpeechMasters (Mon. 6:15, hybrid)

Contact: Andrea Oliver
beancounter8@hotmail.com

Toastmasters at Twelve (Tues. noon, hybrid)

Contact: Debby Kerr-Henry
debkerrhenry@gmail.com

Toastmasters on the Halifax (Thurs. 6:15)

Contact: Andrew Kokitus
andrewkokitus@yahoo.com

Accelerated Pacesetters (2nd Sat. 11:15)

Contact: Andrew Kokitus
andrewkokitus@yahoo.com

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Contact Norma Cress @ 352-361-9242

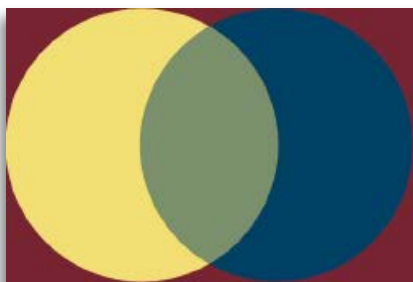


**Thank you to everyone who
worked on and promoted this
conference!**

**It is time, to take our lessons to
the next level.**

**Together we can work towards
a brighter future for our
community, clubs and District.**

"Ours is the only organization I know dedicated to the individual,
we work together to bring out the best in each of us and then we
apply these skills to help others." Ralph Smedley



WE POWER TOWARDS SUCCESS

SYNERGY

Two Minds One Goal

Raising the Bar

AREA 53 & AREA 54
SALUTE OUR SUCCESS LEADERS

AndrewPaul McIntosh

Area 53

Plant City

Keynotes & More
Advanced

The Talking Mocs

MIDLakeland

Sensational Saturday

Jonathan Nielsen, DTM

Area 54

Heartland
Talk of the Town

Bartow

Winter Haven

Lakeland



CONFERENCE COMMITTEES

Conference Chair	Barbara Amato, DTM
Assistant Chairs	Norma Cress, DTM Sabrina Mallay, DTM
50/50 Raffle	Leona Vlacancich
Ad Book	Rachael Assignon, DTM
Audio/Visual	Lynn Ramsey, DTM
Awards	Nancy Wilkins, DTM
Decorations	Norma Cress, DTM
Education	Edith Tiencken, DTM
Entertainment	Paula Summa, DTM
First Timers	Amy Anne Fischer, DTM
Hospitality	Michele Burt
Logistics	Leslie LaForty
Raffle Baskets	Lois Coleman
Registration	Claudia Hansley, DTM
Social Media	Maria Martinez, DTM
Sponsorships	Sabrina Mallay, DTM

7 OUT OF 7

5-Star Toastmasters
Accelerated Pacesetters
ACE Advanced Toastmasters
Articulators Club
Bartow Toastmasters
Central Florida Facilitators
CEO Toastmasters
Clermont Toastmasters
Driven by Destiny Toastmasters
Early Bird Ocala
Find Your Funny Toastmasters
Florida International Talkers
Girl Talk Toastmasters
Heartland Talk of the Town
Keynotes and More Advanced
Lakeland Toastmasters
Let's Talk Toastmasters
Oviedo Toastmasters
Plant City Toastmasters
South Beach Toastmasters
Speak Up America
Toastmasters of St Augustine
Toastmasters at Twelve
Toast-Stars
Titusville Toastmasters
Trailblazers Toastmasters
Twilite Club
We Can Speak-Podemos Hablar
Winter Haven Toastmasters
Winter Park Toastmasters
Wyndham Easy Speakers

On Behalf of Division F Directors Desk, I would like to individually thank each and every one of these outstanding Area Directors. For their dedication, commitment and continue support to allow Division F to grow.

A60 Oscar Kaalstad
A61 Suraksha Jhalani
A63 Heather Schiefler
A63 Asst Abbie Butcher
A64 Randall Crosby
A64 Asst Cathy Gorgensen

**THANK YOU FOR ALL
YOUR WORK!**

**JOHN S. LASCH
DIVISION F DIRECTOR**

Titusville Toastmasters

Our Members Make it Happen

Elizabeth J Hill, VC3
Judd L. Spitzer, DTM
Matthew Peter Flavell
Muhammad Fawad Jawaid
Phaedra Melissa Williams
Rebecca Ann McGilton, DTM
Ryan Jefferson Hill, IP3
Stephanie L Baker, PM5
Vicki Lynn Ketterer, SR3
William Bender, DTM
William C. Goodman, EC4

We Meet the 1st
and 3rd Thursday
of each month at
the Blue Heron
Restaurant at the
Great Outdoors, in
Titusville, FL.
We start at 6:30pm

There has not been
a better time than
NOW to check out
the great fun you
can have at a
Toastmasters
meeting.



Scan to visit our
website or visit
www.titusvilletoastmasters.org/



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friend *Goal Getter* *Gentleman*
Doug Tambor

loving *we will miss you* *fun*
generous *kindred spirit*
grateful *gracious*
OUR ROCK *valued everyone*
genuine



5-Star Toastmasters Club

DOUG-MOR

Leader *esteemed* *welcoming*
just breathe **STEADFAST** *funny*

The '21-22 **DivA Quartet**
is a small group of amazing leaders
who deserve a huge round of
applause for astounding teamwork!

Mesha, Nic, and Kelly,
THANK YOU for a great year!

<3 Amanda



“Roads? Where We’re Going,
We Don’t Need Roads.”

—Doc Brown *Back to the Future* (1984)



First Coast Multilingual of Jacksonville FL



Thank you for all you do for 2021-2022!

Join us every 2nd & 4th Tuesday 7pm.
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**Congratulations
Division H
Toastmasters!**



Reaching new heights with our new name: Talk of the World Toastmasters is Now Southwest Marion Toastmasters

Now meeting weekly: 1st & 3rd Wed @ Noon
2nd & 4th Wed @ 6:30 PM

Come join our hybrid meeting and Join the fun!

Meet our speaking family on:



NEW DTMS

Amanda Howard	Jacksonville Toastmasters
Angelana Glover	St. Mark AME Text Talkers
Cathy Gorgensen	Toastmasters of St Augustine
Cynthia Johnson-Guarino	Orlando International
Landon Proctor	Four Corners Toastmasters
Nancy Wilkins	Clermont Toastmasters
Pamela Russell	Trailblazers Toastmasters
Phuong-Lily Tang	Let's Talk Toastmasters
Rachael Assignon	Florida International Talkers
Sue Leitholf	Transformation Toastmasters
Vickie Goodman	Early Bird Club
Walter Blackmon	Uptown Toastmasters

5 Ways to Time Travel is Possible

1. Speed
2. Gravity
3. Suspended Animation
4. Wormholes
5. Light



TRIPLE CROWN

108 Members achieved three or more education awards since July 2021.

**The top Triple Crown winner is:
Walter 'Bobby' Blackmon with 19 awards**

Recipients with 5 or more awards:

Rachel Lie	14	Consuella Shaw	6
Oscar Kaalstad	12	Kylee Withers	6
Richard Jensen	10	Eva Mae Brinson DTM	5
Catherine Casanta	9	Michele Burt	5
Andrew Kokitus DTM	8	Marie Celestin	5
Susan Schulz DTM	8	Buddy Coley	5
Kim Dombroski	7	Lisa Brennan Davis	5
Pim Parpart DTM	7	Michelle Dettlaff DTM	5
Lyn Porpora DTM	7	Nancy Ford DTM	5
Adrian Smude	7	Debby Kerr-Henry	5
Linda Udall DTM	7	Sue Leitholf DTM	5
Nicholas Patterson	6	John Morrow DTM	5
Justine Grand	6	Mary O'Connor-Gay	5
Nathan Guteras	6	Earl Pearson	5
Rauha Jessup DTM	6	Nick Randazzo	5
Sarah Kocher	6	Sally Anne Sharpe	5
Leslie LaForty	6	Paul Smith	5
Rebecca McGilton DTM	6	Nancy Wilkins DTM	5
Stephen Olson	6		

**Congratulations,
Division B's
Newest
Distinguished
Toastmaster**

**Rachael
Assignnon**



To the club
officers and
members of
Area 22. Thank
you for a
fabulous year!

Avis O. Williams
Area 22 Director
2021-2022

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EVERY THURSDAY 7:00 PM- 8:30 PM



Meeting ID: 241 268 086
Password: 529893

Visit:
FourCorners.ToastmastersClubs.org/

South Beach Toastmasters Club

THE MOST FUN CLUB ON THE BEACH

2nd and 4th
Wednesday
7 pm

Hybrid
Meeting



Celebrating 17 years
of Success

Beef O' Brady's Restaurant
Satellite Beach





Zoom ID: 870 351 4499
Passcode: 265657

If you could live in any time period, which would you choose?



Celebrating Division E Leadership and Club Accomplishments!

A50 - Donald Toldson A53 - Andrew Paul McIntosh
A51 - Kim Dombrowski A54 - Jonathan Nielson
A52 - Marcia Carter

Division E = Excellence

With Much Appreciation,
Donald Kahrer, DTM Division E Director

*Congratulations
To all Area 73 clubs!*

**Thanks for an
incredible year!**

FROM LEONA VLACANCICH



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BEAT THE CLOCK

ACE Advanced
Beachsiders
Club Orange
Early Birds Ocala
Electric Toasters Club
Lakeland Toastmasters
North Jax Toastmasters
Orators of Excellence
Radiant Ridge
Transformation

GOLDEN GAVEL

5-Star
CEO Toastmasters
Clermont
Driven by Destiny
Let's Talk Toastmasters

SMEDLEY WINNERS

CEO Toastmasters

Clermont

D5 Department of Toasters

Early Bird Ocala

Let's Talk Toastmasters

Oviedo

Winter Park

Wyndham Easy Speakers

TALK UP TOASTMASTERS

5-Star

Clermont

Driven by Destiny

Oviedo

Plant City

Toastmasters at Twelve

Winter Park

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Congratulations

to the clubs of Area 52 on a great
Toastmasters year!



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Gloria Darling thanks
Toastmasters District 84

Relax & Recharge!

A Milestone Divas Summer Retreat 2022
The Shores Resort & Spa Daytona Beach, FL
August 5-8, 2022

Join other Milestone Divas, women aged 50 and older, for this oceanside retreat, at the beautiful Shores Resort and Spa, in Daytona Beach Shores. Enjoy a few days of relaxation, taking time for yourself to recharge after enduring the pandemic, making new friends.



Benefits of the Retreat:

- Relax and release stress from daily life and ongoing concerns from the pandemic
- A few days getaway to unplug, slow down, and get in touch with yourself
- Recharge your mind, body, spirit
- Guided meditation, yoga, inspirational workshops, and more
- "Me time" to explore Daytona Beach Shores, journal, read, chat, or simply mellow out

Food & Beverages are provided for the Friday evening reception; Breakfast on Saturday, Sunday, and Monday; and dinner on Saturday and Sunday.

EVENT FEE: \$497 PP*

HOTEL ROOM: \$284-Sunset View

*Hotel Taxes & Resort Fee are additional and rates based on Double Occupancy.
Single, Triple and Quad Rates available



**HOLIDAY
CRUISES
& TOURS**

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Passcode: 252525



Historic Time Devices

c 3500 BC
Obelisks (Egypt)

c 1500 BC
Shadow Clocks
(Mesopotamia)

c 700 AD
Hour Glass (France)

1386 AD
Mechanical
Timepiece (England)

1629 AD
Cuckoo Clocks
(Germany)

1949 AD
Atomic Clocks (USA)

c 2500 BC
Water Clock (India)

c 560 BC
Sundials (Greece)

c 110 BC
Tower of Wind
(Greece)

1371 AD
Astrolabe (Syria)

1571 AD
Wrist Watch
(England)

1695 AD
Stopwatch (England)

1956 AD
Digital Clocks (USA)



Early Bird Ocala Toastmasters Club 6938954

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Toastmasters

Meetings 2nd & 4th

Saturdays

10:30am-12pm

Via Zoom

Visit our website to

attend a meeting:

<https://2781741.toastmastersclubs.org>

We Salute the 2021-2022 The District 84
Conference Attendees

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DISTRICT 84



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David Wesenberg

dpw@mastersoftwareinc.com

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CONGRATULATIONS
&
HAPPY BIRTHDAY

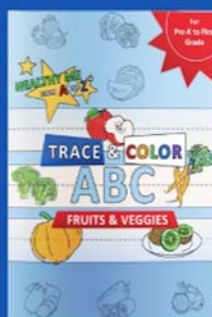
**CLERMONT
TOASTMASTERS**

CELEBRATING
10 YEARS!

Cheers!
for more
years to come!



It's a big world, together we
make it better!



- *Kids have fun and learn
- *Color fruits and veggies from around the world
- *Trace and write alphabet letters and sight words

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our community** and **become a
sponsor**. Part of every purchase
helps children in need.

Other languages available

The Time Has Come...



It has been almost 2 years since the idea of Time and Time Again formed in our heads, and now, it is time to put this conference in the past.

I cannot begin to thank everyone who helped with the incredible project but there are a few that I must mention:

First to my family for all of their love and support each day!



My Assistant Chairs,
Sabrina Mallay DTM, My Right Brain
Norma Cress DTM, My Left Brain

I could not have asked for better balance.



Leslie LaForty, Who Kept Me (and everyone) in Line!
Rachael Assignon, Who NEVER stopped working!
Edith Tiencken, The Lady who brought us our lessons!
Nancy & Tom Wilkins, who stepped in wherever needed!
Maria Martinez, Getting the word out!
Kim Dombroski, My Jane of all trades!
Lynn Ramsey, If you saw or heard it there, he was involved!
Paula Summa and Troy, who were always there!
Landon Proctor, My Brain Trust
Chelsea Inge who designed our logo.
Our supporting Chairs, who are too many to mention and yet contributed so much!

There are so many more, I am sure I missed someone...
I thank you all more than I can say!



**This Time together will live in my heart for
Forever!**



CLUB COACHES

Angelina Glover, DTM	Seminole
Cynthia Johnson-Guarino, DTM	Hunters Creek
Debby Kerr-Henry	ACE Advanced
Edith Tiencken, DTM	Hunters Creek
Eva Mae Brinson, DTM	Seminole
Gloria Darling, DTM	Transformation
Jonathan Nielsen, DTM	The Talking Mocs
Julie McLean, DTM	Southside Club
Julie Salgo	Melbourne FL
Lynn Ramsey, DTM	Electric Toasters
Mona Cherkaoui, DTM	Transformation
Nancy Wilkins, DTM	West Volusia
Phuong-Lily Tang, DTM	Radiant Ridge
Sabrina Mallay, DTM	Electric Toasters
Theodore Allman, DTM	Apopka Foliage



MOMENTS OF TRUTH

Adrian Dixon
Amanda Boyer
Carolyn Voyles
Casey Bridge
Catherine Casanta
Damian Rowland
Dean Robertson DTM
Laurie Bersani
Linda Udall DTM
John Groff
Marjorie McCauley DTM
Michele Burt
Patricia Goodwin
Rebecca McGilton DTM
Robert Vlacancich
Sherri Vaughn DTM
Stephen Vaughn DTM

Heartland Talk of the Town

Toastmasters International Club

Linda Udall

863-214-4288

ludalldtm@aol.com



Shout out to all of the
amazing Area Directors
in Division C!!!

Orn Templeman - A30

Jessica Mercer - A31

Hector Rocafort - A32

Christina Grover - A33

Thank you so much for
doing such an awesome job
this year!

Kara Newcomb

Division C Director
2021-2022



LensMasters Advanced Toastmasters

Every 2nd, 4th, and 5th
Thursday 7pm EST

A TOASTMASTERS
club dedicated
to
PHOTOGRAPHY!

Meeting ID: 856 8928 7116
Meeting Passcode: 448432



KODAK PORTRA

43

KODAK PORTRA 400



Stick it to Pain
Relief by applying

**Ms. Arielle's
Organics Pain
Relief Products**



Arielle Blake



@MsAriellesOrganics



Esther Klay,
without you
we would have
been...
NOTHING!
Thank you for
being our zoom
master!!!

Radiant Ridge
Club

Thank you to my **amazing team**:

Leona, your attention to timelines keeps me on my toes.

Sabrina, your willingness to help and attention to detail keeps our clubs going,

Robert, thank you for taking care of the area I know it hasn't been easy.

William, your techie skills make zooming a breeze.

You guys **ROCK!**

Norma Cress

Division G Director



Norma
Cress



Leona
Vlacancich



Sabrina
Mallay



Robert
Wood



William
McCombie

The Meeting Maker

- Hybrid Toastmaster meetings
- Designed for non-technical users boots right into your Zoom meeting!
- Portable device with foam-lined case, choir mic, camera, and 20' cord
- Created by a DTM

*I've seen this in action - what a great Toastmaster innovation! -
- DTM J.C. Law Professor*

For more information

(407) 575-5558 | carson@translatingtech.org

Great device! We can set up our portable hybrid Toastmaster Zoom meetings in about 2 minutes! Highly recommended! - T.T. IT Business Owner



THANK YOU... Meeting Maker [is] Toastmasters' creativity at its best! - T.P. Counsellor



Pure Genius! The Meeting Maker has truly made our Toastmaster hybrid meetings work! - T.L. Mortgage Broker

Place your bets on
Triple Crown Toastmasters
club, the oldest club in Ocala.

We've been running the race
for **42 years!**

Meets 2nd & 4th Monday @ 6:30 pm
Contact Norma L. Cress 352-361-9242



Congratulations, Amanda Howard, DTM



Amanda earned her DTM!

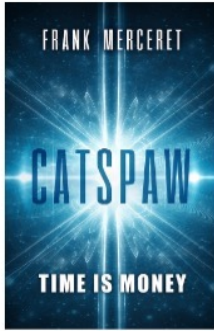
Amanda, you've been an
inspiration to your club
Jacksonville Toastmasters
#3661, your Division, and your
District!



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Bartow Toastmasters

Toastmasters International Club

Linda Udall

863-214-4288

ludalldtm@aol.com



W*e all have our time machines, don't we. Those that take us back are memories... And those that carry us forward, are dreams.*

—H.G. Wells



Time Travel Notes

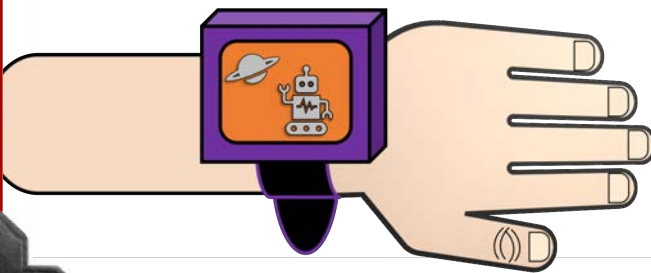


Time Travel Notes



14 Times the Jetsons Predicted the Future

1. Space Tourism
2. PillCam
3. 3D Printed Food
4. Digital Newspaper
5. Roombas
6. Drones
7. Kids And Technology
8. Smartwatches
9. Video Chats
10. Flat-Screen TVs
11. Pollution
12. Dog Treadmills
13. Talking Alarm Clocks
14. Robot Servants



“Time is free,
but it’s priceless.

You can’t own it,
but you can use it.

You can’t keep it,
but you can spend it.

Once you’ve lost it
you can never get it back.”

Harvey Mackay

Time Is Limited....

Make The Most of It!

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